



Grace Cottage Family Health

Patient Name: _____ Gender Identity: _____ Birth Sex: _____

Date of Birth: _____ Pronouns: _____ Race: _____

Today's Date: _____ Primary Language: _____

Medical and Social History Form

Medical History:

What medical conditions do you have/had? Select all that apply or write in if not listed:

Diabetes	High blood pressure	High Cholesterol
History of Heart Attack or Stroke	Cancer	Depression or Anxiety
COPD or Asthma	Thyroid Disorder	Acid Reflux or GERD
Eye Disorders	Migraines	Chronic Pain

Name: _____

Surgeries and year:

Health Maintenance:

Please list the date of last screening exams if applicable and indicate if they were abnormal.

Colonoscopy:	Pap Smear:	Prostate Exam:
Mammogram:	Dental Exam:	Eye Exam:
Cholesterol screen:	Diabetes Screen:	Other:

Immunizations:

Tetanus/Tdap/Td:	Flu Shot:	Shingles:
HPV:	Hep B:	Hep A:
Chicken Pox:	Pneumonia:	Other:

Sexual Health:

Sexual Orientation: _____ Are you sexually active? yes/no Birth Control: _____

Social History:

Alcohol Use: How many? _____ How Often? _____ Do you feel you have a problem with alcohol? yes/no

Tobacco Use: Smoke? yes/no. How long? _____ How much? _____ Vape? yes/no. Chewing tobacco? yes/no

Name: _____

Recreational Drug Use: Current Use? yes/no. Past History of Use? yes/no. Type? _____

How many people live in your house? _____ Do you have adequate housing? yes/no

Nutrition: Do you have a special diet? _____ Do you have access to healthy food? yes/no

Do you have vision impairment? Blind? yes/no. Glasses/Contacts? yes/no. Other? _____

Do you have a hearing impairment? yes/no Hearing aids? _____ Other? _____

Have you had a fall recently? yes/no When? _____ Do you use a cane or walker? yes/no

Highest level of education? _____ Military: _____

Employment/Retired/Disabled? _____

Please List All Specialists Who Share Your Medical Care:

Specialty: (Example: cardiology)	Name of Provider: (Example: Dr Heart)	Phone Number and Location: (Example: 603-650-5000, Dartmouth)

Name: : _____

Please list all medications and supplements and over-the-counter medications you take:

Medication Name (Example: Metformin)	Dosage (Example: 500mg)	How often you take it (Example: 1 tab in am, 1 tab in pm)

Name: _____