



Grace Cottage Family Health

Patient Name: _____ Gender Identity: _____ Birth Sex: _____

Date of Birth: _____ Pronouns: _____ Race: _____

Today's Date: _____ Primary Language: _____

Medical and Social History Form

Medical History:

What medical conditions do you have/had? Select all that apply or write in if not listed:

| | | |
|-----------------------------------|---------------------|-----------------------|
| Diabetes | High blood pressure | High Cholesterol |
| History of Heart Attack or Stroke | Cancer | Depression or Anxiety |
| COPD or Asthma | Thyroid Disorder | Acid Reflux or GERD |
| Eye Disorders | Migraines | Chronic Pain |
| | | |
| | | |

Name: _____

Surgeries and year:

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Health Maintenance:

Please list the date of last screening exams if applicable and indicate if they were abnormal.

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|---------------------|------------------|----------------|
| Colonoscopy: | Pap Smear: | Prostate Exam: |
| Mammogram: | Dental Exam: | Eye Exam: |
| Cholesterol screen: | Diabetes Screen: | Other: |

Immunizations:

| | | |
|------------------|------------|-----------|
| Tetanus/Tdap/Td: | Flu Shot: | Shingles: |
| HPV: | Hep B: | Hep A: |
| Chicken Pox: | Pneumonia: | Other: |

Sexual Health:

Sexual Orientation: _____ Are you sexually active? yes/no Birth Control: _____

Social History:

Alcohol Use: How many? _____ How Often? _____ Do you feel you have a problem with alcohol? yes/no

Tobacco Use: Smoke? yes/no. How long? _____ How much? _____ Vape? yes/no. Chewing tobacco? yes/no

Name: _____

Recreational Drug Use: Current Use? yes/no. Past History of Use? yes/no. Type? _____

How many people live in your house? _____ Do you have adequate housing? yes/no

Nutrition: Do you have a special diet? _____ Do you have access to healthy food? yes/no

Do you have vision impairment? Blind? yes/no. Glasses/Contacts? yes/no. Other? _____

Do you have a hearing impairment? yes/no Hearing aids? _____ Other? _____

Have you had a fall recently? yes/no When? _____ Do you use a cane or walker? yes/no

Highest level of education? _____ Military: _____

Employment/Retired/Disabled? _____

Please List All Specialists Who Share Your Medical Care:

| Specialty: (Example: cardiology) | Name of Provider: (Example: Dr Heart) | Phone Number and Location: (Example: 603-650-5000, Dartmouth) |
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| | | |

Name: : _____

Please list all medications and supplements and over-the-counter medications you take:

| Medication Name (Example: Metformin) | Dosage (Example: 500mg) | How often you take it (Example: 1 tab in am, 1 tab in pm) |
|--|-----------------------------------|---|
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Name: _____