

Dr. Moss Linder – Family Physician of the Year

Grace Cottage is proud to announce that Dr. Moss Linder was chosen by his peers in the Vermont Academy of Family Physicians (VTAFP) as the 2020 Family Physician of The Year. The award was presented on November 7th via Zoom.

Each year, VTAFP members select a family physician to honor who provides patients with compassionate,

comprehensive, and caring family medicine on a continuing basis; is directly and effectively involved in community affairs and activities that enhance the quality of the community; and provides a credible role model professionally and personally to the community, to other health professionals, and residents, and medical students. Grace Cottage has now had two physicians who have won this award; Dr. Robert Backus was the recipient in 1995.

Stephanie Winters, Executive Director of VTAFP, said: "Dr. Linder's dedication to his patients, community, and practice in a rural part of Vermont is a true trait of a family physician."

Grace Cottage Chief Medical Officer, Dr. George Terwilliger, added: "Dr. Linder is so deserving of the VT Academy's 2020 Family Physician of the Year Award. He is exceptionally caring, diligent, and thoughtful. Patients love him because he goes the extra mile to help out in any way he can. His informal yet professional and respectful manner immediately puts patients at ease and allows them to open up about their concerns."

A native of New London, CT, Dr. Linder earned his B.A. from Wesleyan University in Middletown, CT, and a Master of Science from the University of Texas Medical Branch in Galveston. He received his medical degree from the University of Vermont College of Medicine and completed a family medicine residency at Oregon Health Services University in Portland. Prior to joining Grace Cottage, he worked as a family physician at the Acoma-Laguna-Canonsito Hospital in New Mexico.

Dr. Linder and his wife, Dr. Elizabeth Linder, Grace Cottage's pediatrician, have both been employed at Grace Cottage since 1997. They are getting ready to embark upon their next great adventure: they will be leaving Grace Cottage this summer in order to bicycle across the United States and will be deciding, over time, where to settle and practice medicine next. The June issue of *Cottage Door* will include a well-deserved tribute to both Drs. Linder who have done so much for Grace Cottage's patients and employees, and for so many organizations in the area, during the past 24 years.

COVID-19 UPDATE

The only certainty about COVID-19 is that everything changes so fast, anything that is written at press time for *Cottage Door* may well be outdated by the time you read this. At this time, COVID-19 vaccines are currently being administered in Vermont only to people age 75+ and only through the state's online and phone registration system.

The best advice we can give you is to stay current: check your own state's Department of Health website, the Centers for Disease Control website, and Grace Cottage's website for frequent updates. Bookmark the web addresses below and consult these sites often:

vermonthealth.gov cdc.gov gracecottage.org



Testing for COVID-19 is available to anyone (residents and visitors) for any reason (including peace of mind) by appointment Monday-Friday at Grace Cottage's newly-constructed drive-up testing site behind the Community Wellness Center. Call 802-365-4331 for an appointment.

Dr. Jeremy Morrison to Join Grace Cottage

Dr. Jeremy Morrison, DO, will begin seeing patients at Grace Cottage Family Health next month.

A graduate of Towson University and Case Western Reserve University, Dr. Morrison received his Doctorate from Lake Erie College of Osteopathic Medicine, and completed his residency at the University of Massachusetts.



"As a Family Medicine physician, my areas of proficiency are usually driven by the needs of my patients," said Dr. Morrison. "I treat a lot of addiction and mental illness, and I provide transgender care. I am looking forward to joining the collaborative collegial team of providers at Grace Cottage."

Until this year, Dr. Morrison had a private medical practice in Brattleboro and, prior to that, he worked at Putney Family Healthcare.

Dr. Morrison lives in Brattleboro with his wife and two young children. In his free time, he enjoys woodworking, playing fiddle, singing, contra and English country dancing, drawing, and walking in the woods with his family.



A Word From the CEO

We are doing all that we can to keep our patients and our community as up-to-date as possible regarding COVID-19 developments, including vaccinations and testing. This is a rapidly-developing situation, which can cause confusion, so it's very important to stay informed. We have found that the most efficient way for us to communicate is via our website, at www. gracecottage.org, which we update frequently, and through my Message to the Community that we send out via e-mail monthly (or more often, as needed) to over 3,000 recipients. We have received a great deal of positive feedback about the Message to the Community (one reader noted that "it separates fact from fiction"); if you would like to be added to our e-mail list, call 802-365-9109 or e-mail info@gracecottage.org.

We hear frustration from many in our community about what's perceived as a slow distribution of the vaccine. As of this writing, Vermont continues to rank among the very lowest states for positivity rates for COVID-19. The current holdup, statewide, is vaccine supply, but we are hopeful that the amount of vaccine will increase significantly shortly. However, even after you receive the vaccine, you must remain vigilant. We still do not know if and how long vaccine recipients can continue to carry and transmit the virus. Until most of us are vaccinated and the threat has passed, we need to continue to wear masks, maintain social distancing, and avoid large gatherings.

You've heard the saying, "It's always darkest before dawn." With the sharp rise in COVID-19 cases and deaths in our



country, we are in the darkest days, but dawn is on the horizon, and it's coming soon. Meanwhile, with the current coronavirus case count and the civil unrest in our country, many people feel discouraged, depressed, and hopeless. Please do all that you can to maintain your physical, emotional, and mental health. Get outside to walk or snowshoe, try yoga or mindfulness, escape with a good book or movie, perform acts of kindness for yourself and for others, and talk with family and friends on the phone. Try to stay positive and Vermont Strong – we're almost there!

- Doug DiVello, President & CEO

Olivia Pennock Welcomed to Foundation Board



Olivia Pennock of Cambridge, MA, and Townshend, joined the Grace Cottage Foundation Board of Directors in October.

Born and raised in New Jersey, Pennock graduated from Amherst College with a Bachelor's degree in English Literature. She began her career on

the public relations team at Steamboat Ski and Resort Corporation in Colorado. After moving back East, Olivia transitioned into non-profit fundraising in Boston. For nine years, she created and grew the fundraising department at From the Top, an arts organization dedicated to celebrating young classically-trained musicians. During the past 12 years, Pennock has worked at Boston Children's Hospital, where she is Director, Foundations Relations.

Thanks to the ability to work remotely these days, Pennock is able to spend more time in Vermont, where she is the third generation living in the Townshend farmhouse purchased by her grandparents in 1960. Pennock is the second generation of her family to volunteer on behalf of Grace Cottage; her father, David Pennock, was on the Grace Cottage Foundation Board from 1994-2010, serving as President of the Board from 2004-2010, and was a member of the Grace Cottage Hospital Board of Trustees for many years.

In Pennock's free time, she enjoys gardening and skiing.

Grace Cottage PA Elected to National Board



Grace Cottage Emergency Department Physician Assistant **Joshua Rosenblum** has been elected to the national Board of Directors of the Society of Emergency Medicine Physician Assistants (SEMPA). SEMPA was founded in Texas in 1990 to advance and promote the role of physician assistants working in emergency medicine.

Rosenblum brings a wealth of experience to his work at Grace Cottage and to his role on the SEMPA board. He holds a Master of Physician Assistant Studies from Franklin Pierce University and is board certified in Emergency Medicine by the National Commission on Certification of PAs.

In addition to working full-time at Grace Cottage, Rosenblum is a professional ski patroller at Stratton Mountain and a paramedic with Stratton Mountain Rescue, as well as a part-time police officer, paramedic, and EMS Coordinator for Winhall Police and Rescue. Previously, he was a PA at Springfield (VT) Hospital and a paramedic in Ontario, Canada, where he provided emergency medical care at the Toronto Raptors, Maple Leafs, and Blue Jays sports venues.

Rosenblum lives in South Londonderry with his wife, Honor Hubbard, and their two daughters.



A grateful patient writes:

"We are so grateful for the exceptional care our family received at Grace Cottage as my son and his wife came to Vermont to shelter from COVID with their brand-new baby. It was a stressful time as they adjusted to life as parents, working remotely, and navigating a pandemic. Dr. Ewa Arnold helped us to connect with Dr. Elizabeth Linder, who was wonderful. Grace Cottage has helped us so much!" – Joan McBean, Brattleboro, VT

#GIVINGTUESDAY

Thanks to 90 generous supporters (including 24 Grace Cottage employees) who stepped forward to support our extremely ambitious Giving Tuesday campaign on December 1, 2020, we were able to raise \$48,509.55 for updated Stryker LIFEPAK 20e defibrillators for our Emergency Department. With the aging of our area's population, defibrillators become increasingly necessary and may indeed save lives. On behalf of all of the patients that we serve, thank you for your generosity.

Registered Nurse Grace Vogelsang places electrodes on a patient in the Emergency Department.



Rotary International Grant



Thanks to a generous grant made by The Rotary Foundation of Rotary International's Global Grant Program to Medline Industries, Inc., Grace Cottage was able to obtain disposable isolation gowns for use by medical providers at no cost to the hospital.

"Our members are so appreciative of all the work that essential front-line workers have been doing to keep us all as safe and healthy as possible during the pandemic," said Bob Pavia, President of the Rotary Club of the Deerfield Valley, which applied for the grant from Rotary International. "We are happy to be able to help care for and protect the people of our communities through this grant to Medline via Rotary International which benefits both Grace Cottage and Brattleboro Memorial Hospital."

Sarah Shippee, VP of The Rotary Club of the Deerfield Valley, and Joe Long, Treasurer, pose in front of disposable isolation gowns along with Andrea Seaton, Chief Development Officer at Grace Cottage Family Health & Hospital (I.) and Gina Pattison, Director of Development and Marketing at Brattleboro Memorial Hospital (r.).

Wishes Granted...

- John Leonard made a donation for the purchase of three pulse oximeters, in memory of Betty Ann Leonard.
- Carol & Richard Steiner made a generous donation for the purchase of a NuStep recumbent crosstrainer for use by outpatients in the Rehabilitation Department gym.
- The Pollio Family Foundation made a donation for the purchase of three Stryker beds for hospital inpatients.
- Lynn Carey and Michael Gardner made a donation in honor of Grace Cottage Pharmacist Kayla Carey for the purchase of an Ultrasound 2000 and a Rich-Mar Therapy Cart for the Rehabilitation Department; and a wheelchair with cushions, an IV Stack pole, and an over-the-bed table for hospital patients.
- Linda Bastian made a donation for the purchase of COVID-19 screening supplies: three pulse oximeters and a commercial-grade temporal thermometer.

Wishes Made...

- Two new examination tables are needed in Grace Cottage Family Health: one for Dr. Jeremy Morrison, who will begin practicing here in March, and one for the respiratory clinic, where patients are examined indoors for the possibility of COVID-19. \$1,015 each.
- A Welch-Allyn integrated diagnostic system is needed in Grace Cottage Family Health; this wall-mounted unit includes an otoscope, thermometer, blood pressure monitor, and opthalmoscope. \$795.
- The outpatient Rehab Department needs an additional RichMar Ultrasound for use with patients. \$3,370.

- Anonymous donors made a gift for the purchase of Fiesta plates and a 16 qt. heavy-duty Vollrath stock pot for the Dietary Department.
- Michael Rave made a donation for the purchase of a Numatic Vacuum for the Housekeeping Department.
- Lisa's Love Charitable Association donated the funds to purchase additional items for the Activities Cart for patients, in memory of Lisa Young Noble.
- Larry & Miriam Lanata made a donation for the purchase of a commercial-grade temporal thermometer.
- An anonymous donor made a generous gift for the purchase of Diagnostic Imaging equipment, including a wireless detector for use with Grace Cottage's X-Ray machine.
- The Dietary Department is in need of Performance Health transparent mugs for patients, so that they can easily see how much liquid is left in their cups. \$100 for a set of 10 mugs.
- The Dietary Department employees spend a lot of time slicing, dicing, and chopping, and a set of Superior chef knives would be greatly appreciated. 6 knives are a total of \$180.
- The Rehab Department is in need of four mobilization wedges and straps for use with patients undergoing physical therapy. \$220 total. They also need two goniometers to measure rangeof-motion of joints. \$94 total.

Grace Cottage's Wish List is updated monthly on our website, at www.gracecottage.org, or call 802-365-9109 for more information.

Tee It Up for Health 2020: A Great Success

"I participate in a lot of golf tournaments and invitationals in Vermont, Florida, and elsewhere, and I want to tell you that every detail of yours was perfect! It was amazing how organized everything was, from check-in, safety measures, pleasant greetings, gift bags, bag lunch, and ease of buying raffles (including prenumbering so we did not have to fill out each ticket). It was a great tournament and you all do a fabulous job. We can't wait for June 2021 for the next one!"

– LindaJane Parsons, Wardsboro, VT, & Sun City Center, FL

"Brattleboro Country Club was a great venue; I hadn't played there in years. The staging of the event was flawless, and the restaurant, Bella Notte, was a real pleasant surprise."

– John Conlon, Manchester, VT

With many COVID safety measures in place to keep them safe, 29 teams participated in Grace Cottage Family Health & Hospital's 11th Annual *Tee It Up for Health* golf tournament on Saturday, Oct. 3, at the Brattleboro Country Club. The weather was beautiful, the event went smoothly, and over \$39,000 was raised, thanks to golfers and generous sponsors. Net proceeds from the event benefited Grace Cottage Family Health & Hospital's Patient Care Fund. Tournament results were as follows:

First Place Team (Score of 59): (People's United Bank Team) John Conlon, JJ Conlon, Pat Mulcahy

Second Place Team (Score of 60): David Allbee, Marty Hill, Les Lynch, Bill Stephens

Leaderboard Air Cannon: Marty Hill (4'5")

Putting Contest: 9 golfers sank their putts (Kathy Ballantine, Tom Bedell, Coop Bills, Jim Bogdany, Scott Cleary, Dennis Degnon, Jerry Farmer, Gene Horton, and Bill Hoyt). Because a putt-off was not possible, due to the staggered start times throughout the day, names were drawn from a hat. First place winner was Kathy Ballantine, second was Coop Bills, and third was Dennis Degnon.

Closest to the Pin Hole #4 Men: Peter Schofield 11'8" Closest to the Pin Hole #4 Women: Ally Barber 23'8"

Closest to the Pin #8 Men: Stephen Kapral 2'10" Closest to the Pin #8 Women: no winner

Closest to the Pin #8 Women: no winner

Hole-in-One #8 (sponsored by Brattleboro Subaru): no winner

Closest to the Pin #13 Men: Pat Mulcahy 6'11"

Closest to the Pin #13 Women: Gail Martin 31'8"

Closest to the Pin #16 Men: Chris Pearson 4'9" Closest to the Pin #16 Women: Ally Barber 36' Long Drive #9 Men: Tray Trudell Long Drive #9 Women: Terry Boyce Long Drive #10 Men:

Les Lynch



Long Drive #10 Women: Terry Boyce

Closest to the Line #15 Men: Rob Lawrence

Closest to the Line #15 Women: Alicia Field

Generous sponsors for the 2020 Tee It Up for Health Golf Benefit included:

Event Sponsor: Brattleboro Country Club, The Richards Group **Hole-in-One Sponsor:** Brattleboro Subaru

Platinum Sponsors: Coverys, Elizabeth Walker & Eileen Ranslow Gold Sponsors: People's United Bank

Silver Sponsors: Andy & Linda Barber, Brattleboro Memorial Hospital, River Valley Credit Union, West River Family Dental

Hole Sponsors: Baker Newman Noyes; Farnum Insulators; Howard Printing; Irving Energy; Lawrence & Lober Electric; Northeast Delta Dental; Primmer, Piper, Eggleston & Cramer; Tracy J. Sloan, CPA; Southern Vermont Podiatry; David & April Sprague and family; Windham Foundation; WW Building Supply & Home Center

Bronze Sponsors: Blue Cross/Blue Shield VT; Lawton Floor Design; Leader Beverage; Swiss Precision Turning

Flag Sponsors: Deerfield Valley News; Phil & June Dibble; Doug & Cathy DiVello; Five Maples; TC's Restaurant; Two Tannery Road; W&B Management, in memory of Wally & Eleanor Lowe and Effie Chamberlin

Save the date for Grace Cottage's 12th Annual *Tee It Up for Health* golf benefit, on Saturday, June 12, 2021, at Brattleboro Country Club; registration is open now at <u>www.gracecottage.org</u>. We plan to follow the same format as 2020, with social distancing, and staggered tee times, and no awards banquet is planned, unless it becomes safe to return to our original format.

12th Annual Spring Into Health 5k

It looks increasingly unlikely that we'll be able to meet in person on the Townshend Common for the 12th annual Spring into Health 5K on Saturday, May 8th unless we're able to arrange staggered starting times. We were hoping that Dr. Moss Linder, the founder of our fabulous 5K, would be able to use his megaphone at the 5K start and finish one last time before he and his wife, Dr. Elizabeth Linder, head off on their bicycles to parts unknown this summer (see related story, page 1).

However, the "show" WILL go on – virtually, if not in person, as it did last year, when 144 participants helped us raise a record \$5,400. Participants made lemonade out of lemons, and many had a lot of fun, walking or running in costume or with their pets. Most runners and walkers sent us photos and descriptions of when, where, and how they completed the event, from as far away as Georgia, Florida, and West Virginia, and as close as Townshend!

Registration, whether virtual or (if we're able) in person, is \$15 per participant (children under the age of 18 are free), and registration is open now, at gracecottage.org. Stay tuned for more details!



Grace Cottage RN Christine DeVault (a.k.a. Winnie the Pooh) ran in the snow near her home in East Dover (yes, it snowed on May 9th last year!), while Nancy Libby and her horse, Max, participated in Brookline, VT.

Cabin Fever Online Auction - February 14-24, 2021 www.32auctions.com/gracecottage2021

We're pleased to announce that we have lots of new and exciting items in this year's Cabin Fever Online Auction, which will start at 6 a.m. on February 14 and will end at 9 p.m. on Monday, February 24. Mark your calendar now to join the bidding at www.32auctions.com/gracecottage2021

Almost 100 items have been donated by generous businesses and individuals, with all proceeds benefiting Grace Cottage's Patient Care Fund. Auction items range from \$20 to Priceless, including gift certificates at many area businesses, a wide variety of gift baskets, your name in Archer Mayor's



next book, artwork, quilts, crafts, and Caribbean vacations (who doesn't want to dream of sandy tropical beaches right now, especially since expiration dates for trips have been extended!).

Gearing Up for Tour de Grace 2021



The 16th Annual Tour de Grace will be held on Saturday, June 26, and to be sure that everyone stays safe, we will follow the same alternate route as 2020 (and we'll hope to return to Stratton in 2022). This will be a loop ride, starting and ending at Grace Cottage, for a total of approximately 17 miles. The beautiful, scenic route goes up Route 30 to Jamaica to stop for a rest and delicious snacks, then on some back trails and dirt roads, and through the iconic Scott Covered Bridge on the return ride. It's a wonderful event for the entire family; last year, riders ranged in age from 3 to 75! The \$30 registration fee includes an event performance t-shirt for the first 100 riders who register; go to www.gracecottage.org for more information and to register.

Hospital Fair Day 2021

On this cold, bright winter's day, my mind drifts, filled with hope, to thoughts of the 71st Annual Grace Cottage Hospital Fair Day on August 7, 2021. I want so much to work with all the wonderful people who have made this day so incredible year after year. I conjure up all the wonderful memories of the planning and helping to get everything and everybody ready. I can almost feel the excitement of the day! I think we all very much want to feel that rewarding sense of community again.

Even though Hospital Fair Day 2020 had to be held virtually and not in person, through your incredible generosity, we were able to raise \$66,000 and purchased six new Stryker Beds for the hospital! Patients have said that they almost don't want to leave because the beds are so comfortable, and the nursing staff and rehab therapists have found that these beds make patient care easier, in so many ways.

With 2020 in the rearview mirror now, our prayers are that this year will bring back the warmth and happiness of being together again. It will be so wonderful to wipe away the isolation, loneliness we are living through. Mark your calendars and hope and pray for an IN-PERSON Grace Cottage Hospital Fair Day on the Townshend Common on the first Saturday in August, as always.

Eileen F. Fahey Fair Day Chairperson

SAVE THE DATE: Saturday, August 7, 2021

Dr. Robert Backus Tribute Fund

"When our father retired from Grace Cottage three years ago, 327 of you donated in response to a letter from us, raising money for the Backus Tribute Fund. The \$44,071 generously donated at that time has been used to support nursing education at Grace Cottage, and to buy equipment, including the patient lift/sling pictured at right, to help keep Grace Cottage's nurses and patients safe.



The Backus family is asking that you consider helping again, to continue this support for the hospital's education and equipment needs. Our family has just made a donation to the Backus Tribute Fund and we hope that you can join us in this effort. Donations can be made by going to www.gracecottage.org and clicking on Donate, and then mark that the donation is in honor of Dr. Robert Backus, or mail a check to PO Box 1, Townshend, VT 05353, with 'Backus Fund' written on the memo line."

- Jenny, Sophie, and Carey Backus

Grateful patients write:

"Grace Cottage is a cut above everywhere else." — Kingsley Martin, Newfane, VT "The care at Grace Cottage – in the whole place there – is outrageously amazing." – Gunther Garbe, Newfane, VT

The Gift of Giving



Mary Moberly's Columbia University School of Nursing graduation photo.



During her later years, Mary enjoyed watching the world go by from her downtown Townshend porch, along with her beloved dog, Bella.

Mary Moberly of Townshend let Grace Cottage know many years ago that her estate planning included a generous gift to the small hospital that she cherished so much. Mary died peacefully in Grace Cottage's Hospice Suite on November 1, 2020, with her dog, Bella, and two of her dearest friends by her side; it was the same room where Mary had been with her husband, Verne, when he died in palliative care here in March 2014. Mary grew up in Norwich, VT, where her father was the longtime dean of Norwich University. She graduated from Tufts University in Boston and received her nursing degree from Columbia University in NY, NY. She worked at Fletcher Allen Medical Center in Burlington, VT, and then became a psychiatric nurse at McLean Hospital in Belmont, MA, which is where she and Verne, both supervisors at the time, met. The couple moved to Vermont and worked at the Brattleboro Retreat for many years. After Verne's death, Mary moved from her home on Lawrence Drive in Windham (adjacent to the Windham Hill Inn), to a house across from the library in what she affectionately called "The Big City" – downtown Townshend.

Grace Cottage has been notified that the hospital is a named beneficiary in two of Mary's life insurance policies, for which we are very grateful. As with all bequests, these donations will be held in perpetuity in Grace Cottage's Endowment Fund, which has now grown to almost \$8,500,000, thanks to generous Estate gifts such as Mary's. She is greatly missed by so many.

Our Volunteers Keep On Finding New Ways to Give!

"Every January, members of our extended family get together in early January in Virginia. This year we couldn't meet in person, but we still had our usual football pool, and I ended up with 10 vacant slots. So I told my family that I'd buy these slots in the names of my parents, Ed & Lois Dillistin, and I'd donate the money to their favorite charity if they won, which they did! This is why I've sent a donation from my parents, who died in 2008 and 2009. People in your area may still remember them because they operated a Christmas tree farm for many years at their home on Hill Road in Brookline, VT, and they both volunteered at Grace Cottage. They would have loved that they have given to Grace Cottage from Heaven!"



~ Tim Dillistin, Sterling, VA

Larry & Margaret DeMatteo



How a \$1 parking donation led to a \$300,000 Charitable Annuity

On Columbus Day weekend in 2013, Larry & Margaret DeMatteo of Milltown, NJ, decided to take a Sunday drive to see the foliage near their second home in Jacksonville, VT. They passed the Newfane Flea Market on Route 30 and pulled in to see what it was all about. "There was a guy there wearing a yellow shirt that was printed with 'I cheerfully accept \$1 parking donations for Grace Cottage Hospital'," Larry recalled. "I said, 'That must be one heck of a hospital for you to be out here collecting a buck for each car every weekend!'" He confirmed that I was correct, and that's how Margaret and I first learned about Grace Cottage. I've been making donations every year, ever since, and this year, in honor of Margaret, I decided to open a Charitable Annuity."

Larry and Margaret purchased their second home in Vermont shortly after they were married, 50 years ago. "We'd come to Vermont to ski, but it was raining," said Larry. "So instead of skiing, we found this house and bought it right away. We had so many wonderful times there until Margaret's death this past June. I wanted to support Grace Cottage because I know

it's a wonderful hospital that's very needed and appreciated by its community. I hope that my support will inspire others to do the same."

A plaque in commemoration of this gift will be dedicated in the Grace Cottage Emergency Department this spring.

If you're interested in learning more about Grace Cottage's Charitable Annuities, call Andrea or Charma at 802-365-9109. Fixed rate payments are based on the donor's age on the date that the annuity payment is made and a one-page contract with Grace Cottage Hospital is signed.

Cottage Door

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Grace Cottage Hospital & Grace Cottage Foundation are 501(c)(3) nonprofit organizations. The mission of Grace Cottage Foundation is to raise funds on behalf of Grace Cottage.

Donations to Grace Cottage Foundation are tax deductible to the extent allowable by law. Grace Cottage Foundation's Federal Tax ID # is: 03-0343282.

Donations may be made by cash, credit card, check, stocks, bonds, or other tangible assets. Call Andrea Seaton or Charma Bonanno at (802) 365-9109.

Donations Were Recently Received In Honor Of:

Amber Ahearn & Dr. Kimona Alin & Andrea Anker & Curt Anthony & Dr. Ewa Arnold & Dr. Robert Backus & Claire Bemis Dr. Anne Brewer & Dr. Jesper Brickley & Emilia Bruce & Kayla Carey & Bob & Laura Corbet & Richard Desrochers
Stephen Goldberg & Grace Cottage Employees & Grace Cottage Medical Providers & Staff & Grace Cottage Rehab Staff
Grace Cottage Volunteers & Dr. Walter Griffiths & Ellen Hamilton & Dick Jackson & Sidney Johnson & Marion Dowling
Darwin Kleppner & Ethan Kleppner & Hannah Kleppner & Matthew Kleppner & Bridget Lattimer & Dr. David Liebow
Dr. Elizabeth Linder & Dr. Moss Linder & Archer Mayor & David McCormack & Catherine Nemchek & Rory Scherer
Andrea Seaton & Dr. Timothy Shafer & Chloe Mantel Taylor & Dr. George Terwilliger & Courtney Venable

Memorial Gifts

Donations have been received between August 30 and January 15 in memory of the following individuals: Harlan & Jessie Allbee 🗞 Alwin & Joyce Ameden 🛠 Carl Anderson 🛠 Kjell Anker 🛠 Michael Antonowicz 🛠 Gene & Marie Avenia Deborah Ayers 🗞 Donna Ayers 🛠 Lewis Baldvins 🛠 Chris & Priscilla Ballou 🛠 Russ Barber 🛠 Mollie Beattie 🛠 Eleanor Bemis Burdette & Rosalee Bills ♦ Cecil Bills ♦ Evelyn Bills ♦ Leon Bills ♦ Yvonne Boyd ♦ Mitch Briskin ♦ Susan Bristol Roy & Margaret Brooks 🗞 Anne Brown 💠 "Berryl Berry Brown" 🗞 Eugene Brown 🗞 Gladys Brown 🗞 Joseph Butcher 🗞 Dennis Butchko Nancy Chard & Raymond & Charlotte Clayton & Ilse Maria Cobb & Chris Coleman & Phil Coleman & Ralph Coleman Harry & Luella Conklin & Gail Cooper & Neva Corse & Amanda Corwin & Wendell Covey & Robert Crowell & Robert Culver Bruce Cutts 💠 Liz Cutts 💠 Sandy Dargi 💠 Emily DeConinck 💠 Margaret DeMatteo 🔶 Lucille DeRosia 💠 April Desoto Richard & Mary Dexter 🗞 Ed & Lois Dilliston 🛠 Jason Doubleday 🛠 Alfred Dunklee 🛠 Lilian Ebeling 🛠 Warren & Marjorie Eginton Herb Eisenberg 💠 Don Elliott 💠 Victor English 💠 John Esau 💠 Brian A. Evans 💠 Brian D. & Nancy Evans 💠 Bryan & Ruby Evans Doug & Alice Evans 💠 John Evans 💠 Jim Faas 💠 Dick Fay 💠 Saul Feinberg 💠 Jean Pratt Fisher 💠 Tim Flynn 💠 John C. Follett John & Dorothy Fornuto & Mary Evans Fox & Bertha Frothingham & Harold Fuller & Alice Paul Fusco & Gale Family Members Ernest Gibson 🗞 Roland Gould 🛠 Henry Grabowski 🗞 James Gray 🛠 Greenleaf Family Members 🛠 Ellis Greenwood Dr. I. William Grossman & Frank & Frances Grout & Val & Betty Guimond & Arnold Gussin & Alexander Hadden & Joyce Hamilton Carolyn "Bunny" Hazelton 🗞 Ruth Heins 🛠 Florence Hicks 🛠 Gerald Hoffman 🛠 Les & Anna Hohmann 🛠 David Holcomb George Holden, Jr. & George & Thelma Holden & Luetta Holden & Eloine Holmquist & Stan Holt & Cookie Hopkins Vance Hosford 🚸 Bert & Louise Howard 🚸 Cameron Howard 🗞 Dr. Luke Howe 🗞 Rose Howe 🗞 Andrew Hudock 🚸 Silver S. Husky Ray Ingram & Forrest "Zip" Jacobs & Ruth Jacobs & Harry Jensen & Hope Johnson & Joel Johnson & Carlton Kenyon Ray & Melba King 🗞 Dorothy Kingsley 🛠 Charles & Ruth Knights 🛠 Warren Kronemeyer 🛠 Lindy & Dot LaMarche 🛠 Jack Lambert Esther LaMoria 🗞 Jerry & Ruth Lamprey 🛠 Richard & Barbara Lamprey 🛠 Richard Lang 🛠 Richard Lapan 🛠 Maurice Laselle Frederick LaTaille, Sr. & Frederick LaTaille, Jr. & Kathleen LaTaille & Merrill Lawrence & Don Leigh & Steven Lemire Betty Ann Leonard 🗞 Helen Lewis 🗞 Barbara Litchfield 🛠 David Lowe 🛠 Reginald Lowe 🛠 Jack & Ruth Lyman 🛠 Richard Lyman Freda Maggio 🛠 Jeanne Marion 🛠 Dr. Bill & Joan Martin 🛠 Lawrence Martin 🛠 Lester & Susan Mayer 🛠 Carlene McAllister Phoebe Cronin McCann 🗞 Reverend Allan McDowell 🛠 Frank & Betty Merrill 🛠 Hans & Mary Meyer 🛠 Roy & Evelyn Meyer Walter Meyer 🗞 Joseph Miles 🛠 Verne & Mary Moberly 🛠 Arlo & Eleanore Monroe 🛠 Greg Montalbano 🛠 Florence Moore Bob Mundell 💠 Douglas Murray 🗞 Gerard Nardone 🛠 Connie Nelson 🛠 John Newton 🛠 Laurie Croot Newton 🛠 Lisa Young Noble John Noor 🚸 John O'Connor 🚸 Dr. Carlos & Ruth Otis 🚸 Mary Paradis 🚸 Carol Parker 🚸 Bruce Parliman 🚸 Jim & Jane Parliman Jeremy Paulus 🗞 Neil & Ruth Pelsue 🛠 Virginia Pennock 🛠 James Perkins 🛠 Gladys Petersen 🛠 Iver & Esther Peterson Oliver Peterson & Karl Pfister III & Irene Phelps & Edwin Phoenix & Perry Phoenix & Richard Plunkett & Ernest & Virginia Pomroy Debra Poplawski-Wilson 🔅 Clyde & Clara Prouty 🔅 Elaine Prouty 🔅 Victor Rabinowitch 🔅 Betty Radens Leonard & Mary Helen Randall 🔅 Joseph & Mabel Ray 🛠 Connie Redford 🗞 Betsey Regan 🛠 Lois Penner Riley Norman & Evelyn Robinson 🗞 Sally Rose 🛠 William & Florence Rounds 🛠 Kenneth & Marguerite Ryan 🗞 Joyce Sanders Shirley Sanders & Patricia Sargent & Ted Schreyer & Donald "Punk" Severance & Lee Severance & Heidi Shine & Robert Short Rose Marie Short 🛠 Edward Silver 🛠 Nathan & Anne Slater 🛠 Mildred Smith 🛠 Philip Smith 🛠 Jean Sorrentino 🛠 Kelli Sparano Elizabeth Spencer 🗞 Earle Stebbins 🛠 George & Della Stowell 🛠 Janet Stowell 🛠 Catherine N. Stratton 🛠 Michael Sinclaire Sutton Leona Tabell 🗞 Walter Tarbell 🗞 Ruth Teeke 🛠 Dorothy Terwilliger 🛠 Leon Thayer 🛠 Porter & Lillian Thayer George & Molly Tomlinson * Mary Torrey * Dr. Jim & Dr. Marjorie Trousdell * Mary Van Iderstine * Dr. Bill Wallace Euphemia Wallace 🗞 Muriel Wallaert 🛠 Henry Wallstein 🛠 Michalina Wasung 🛠 Mary Weiner 🛠 Len & Bernice Welch Alma Welker 💠 Phil Welker 💠 Phylliss Welker 🛠 Wanda Welker 🛠 🛠 Garry West 🛠 Mona West 🛠 Karl & Elvina White Wayne White 🗞 David Williams 🗞 Jean Wilson 🗞 Merton & Hazel Wilson 🗞 Jack Winner 🛠 Joan Zully

We extend our sympathy to the families and friends of these loved ones, and our appreciation to those who have given in their memories. When memorial gifts are received by Grace Cottage, the donor is thanked, and the next of kin is notified of the gift. (The amount given is never divulged.)



^{(*}After an extended stay in a big-box, acute-care hospital, I could feel a huge breath of fresh air when I was wheeled from the ambulance to Grace Cottage Hospital. Not only is it cozy and cheerful, there are original works of art on the walls and lovely prints in patients' rooms. At the end of the hall is a spacious, bright sun room, with soft music playing, bright geraniums blooming, and a variety of games, puzzles, and art supplies. Grace Cottage is truly an oasis of healing, caring, and serenity, an amazing blend of hospital, country retreat, and all-inclusive healing center.

Being here feels like joining a big, extended family. With upbeat, friendly voices, caregivers stop by throughout the day to ask "Is there anything you need? Want? Can I bring you anything?" Not only does everyone seem to know and like each other, but they are cooperative, dedicated, and often willing to 'think outside the box.' Above all, everyone at Grace Cottage–doctors, nurses, therapists, housekeepers, dietitians–do their work from the heart, with compassion, kindness, and caring.

I know that I feel stronger and healthier because of the truly amazing occupational and physical therapy

providers, who come in daily to work on increasing my range of motion and building strength with a remarkable assortment of exercises and tools and who always remind me how far I have come. It is so healing to be supported by such caring, kind, and competent caregivers. With every day that passes, I'm more convinced that Grace Cottage is paradise on earth. Truly this is a place of Grace.

- Ann Newsmith, Brattleboro, VT

It's A Wonderful Life Saved

97-year-old West Townshend resident Dick Jackson is very grateful that Norman Bills is a mailman who cares about his postal patrons; it's why Dick is still here.

Norm doesn't usually deliver the mail on Saturdays, but on November 7th, he was filling in for someone else, and he noticed that Dick hadn't picked up his mail during the past two days. He knew this was out of the ordinary, so he mentioned it to one of Dick's neighbors, who hadn't seen him either. Dick is usually highly visible – he's well known for walking at least a mile a day up and down Windham Hill Road.

"I knew something wasn't right," said Norm, "so I went back to Dick's house. The front door was unlocked so I went in and hollered, but there was no answer. I looked around a bit inside and out, and then decided to call 911. State trooper Jeff Hudon came and looked in the house and the barn, and then around the property. It's a good thing he didn't give up, because he found Dick at the bottom of a steep 10-15' embankment that he was unable to climb back up on his own. He'd been there since Thursday afternoon, when he'd fallen as he was dumping his compost."

Amazingly, even after two nights on the ground, Dick was still alive, although unconscious. "I've been told that my body's core temperature was 80 degrees when I was brought by ambulance to Grace Cottage," said Dick. "I was helicoptered to Dartmouth Hitchcock and then, about a week later, I came back to Grace Cottage where I spent the next seven weeks recovering. The care at Grace Cottage was phenomenal, top-notch in every way, and I gradually got my strength back."

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Dick thinks that, in addition to the fact that Norm was concerned enough to investigate and then call the police, his life was also saved by



Dick Jackson

Norman Bills

unseasonably warm temperatures (high 40's at night, 60's during the day) and the fact that he was dressed entirely in wool: socks, shirt, and pants.

Many of Dick's friends and neighbors made donations to Grace Cottage in his honor; Dick is now a resident at Valley Cares and you can be certain that he will soon be walking up and down Route 35 in Townshend.

As for Norm, he retired from the postal service after 30 years, as planned, on December 31st. He is keeping busy helping his father, Alan Bills, at the family's sawmill, Bill's Lumber, in Wardsboro. Norm's wife, Melissa; his daughter, Madison; and his sister, Alison Bills Brown, all work at Grace Cottage.

"I always say that people who have Charitable Annuities at Grace Cottage tend to live a very long time," said Andrea Seaton, Executive Director of Grace Cottage Foundation. "Dick has two annuities with us, so he'll live forever!"