



Patient Name: \_\_\_\_\_

Date of Birth: \_\_\_\_\_

Today's Date: \_\_\_\_/\_\_\_\_/\_\_\_\_

## MEDICAL and SOCIAL HISTORY FORM

### **MEDICAL HISTORY:**

What medical conditions do you have? Select all that apply or write in, if not listed:

Diabetes \_\_\_\_ High blood pressure \_\_\_\_ Thyroid disorder \_\_\_\_ Heart disease \_\_\_\_ High cholesterol \_\_\_\_ Arthritis \_\_\_\_ Cancer \_\_\_\_ Kidney disease \_\_\_\_

Glaucoma \_\_\_\_ Asthma \_\_\_\_ Allergies \_\_\_\_ Migraine headache \_\_\_\_ Anemia \_\_\_\_ Bronchitis/emphysema \_\_\_\_ Obesity \_\_\_\_ Acid Reflux \_\_\_\_

Other: 1) \_\_\_\_\_ 2) \_\_\_\_\_ 3) \_\_\_\_\_

### **SURGICAL AND HOSPITALIZATION HISTORY:** (Attach separate sheet of paper as necessary)

List all of the surgeries or hospitalizations (with cause) you have had in the past ten years?

### **HEALTH MAINTENANCE:**

Please list the date of your last screening test below and indicate if there were any abnormal results: Colonoscopy \_\_\_\_\_

Eye exam \_\_\_\_\_ Cholesterol test \_\_\_\_\_ Prostate exam \_\_\_\_\_ Dental exam \_\_\_\_\_ Blood work \_\_\_\_\_

**Women Only:** Menstrual Cycle \_\_\_\_\_ Pap smear \_\_\_\_\_ Mammogram \_\_\_\_\_

Immunizations/vaccines: Please list the year of your last: Tetanus shot \_\_\_\_\_ Flu shot \_\_\_\_\_ Pneumovax (Pneumonia shot) \_\_\_\_\_ Hepatitis A \_\_\_\_\_

Hepatitis B \_\_\_\_\_ Chicken pox \_\_\_\_\_ Shingrix (Shingles shot) \_\_\_\_\_ TB skin test \_\_\_\_\_

### **Prescription and Over-the-Counter Medications and Supplements currently taking with dosages (Please use separate sheet if not enough room):**

Medication	Dosage	Time(s) of day taken

Allergic reactions to medicine or food (please list the TYPE OF REACTION):

Medication/food allergy	Reaction



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## MEDICAL and SOCIAL HISTORY FORM

**SOCIAL HISTORY:** Please check all that apply. Information will be kept confidential:

- ☐ Alcohol use: How many? \_\_\_\_\_ Frequency: ☐ Rare/never ☐ Daily ☐ Weekly ☐ Monthly
- ☐ Tobacco use: ☐ Everyday ☐ Former ☐ Never smoked
- ☐ Substance abuse ☐ Current use ☐ Past History
- ☐ Home/Environment: How many in your household \_\_\_\_\_
- ☐ Nutrition Health: Do you have a special diet? \_\_\_\_\_
- ☐ Exercise: Type(s): \_\_\_\_\_ Frequency: \_\_\_\_\_
- ☐ Sexually active ☐ Yes ☐ No; Orientation: \_\_\_\_\_
- ☐ Legal blindness or uncorrected visual impairment. (Please list ophthalmologist/
- ☐ Hearing deficit ☐ Right ☐ Left; Do you wear hearing aid(s)? ☐ Yes ☐ No
- ☐ Speech deficit
- ☐ Recent Travel (in the past six month). If so, where? \_\_\_\_\_

### Fall Risk Assessment:

1. Have you fallen in the past three (3) months?  
☐ Yes ☐ No **IF YES, PLEASE CONTINUE:**
2. Do you have a secondary diagnosis?  
☐ Yes ☐ No
3. Do you use an aid to walk?  
☐ Furniture ☐ Crutches, cane or walker ☐ Wheelchair  
☐ None ☐ Bedrest/Immobile
4. How is your gait?  
☐ Normal ☐ Impaired ☐ Weak ☐ Immobile
5. What is your current mental status?  
☐ Forgetful ☐ Oriented to own ability

### Employment Status:

- |  |                                       |  |                                  |
|--|---------------------------------------|--|----------------------------------|
| <input type="checkbox"/> Active Military | <input type="checkbox"/> Full-Time    | <input type="checkbox"/> Part-Time     | <input type="checkbox"/> Student |
| <input type="checkbox"/> Disabled        | <input type="checkbox"/> Not Employed | <input type="checkbox"/> Self Employed | <input type="checkbox"/> Retired |

Employer or Date of Disability/Retirement: \_\_\_\_\_

	TYPE OF PROVIDER	PROVIDER NAME	PROVIDER TELEPHONE NUMBER
Please list all providers who share in your medical care	Cardiology		
	ENT		
	Gastroenterology		
	GYN		
	Neurology		
	Ophthalmology/Optometry		
	Orthopedics		
	Psychology/Psychiatrist/Therapist		
	Pulmonology		
	Rheumatology		
	Urology		
	Other:		