

Contemporary Topics In Prevention, Intervention and Treatment Of Alcohol, Opioids and Other Drugs

Workshop descriptions

Location:

Union Institute & University
Center for Health and Learning
28 Vernon Street
Brattleboro, VT 05301

Date/Time:

Friday, June 24, 2016
8:30-9:00 AM Registration, Conference 9:00 AM – 4:00 PM

Morning

Keynote

Understanding Opioid Dependence and Treatment

1 hour / 1 APA CE Credits

Keynote address will focus on the natural history of opiate addiction as the basis for understanding current treatment recommendations and review available treatment options.

Learning Objectives

Upon completion participants will:

- Be able to describe the history of opiate use.
- Understand the rationale for maintenance therapy treatment options.
- Understand some of the treatment options for addressing opiate use.

Tod Miller, MD

Medical Director for Behavioral Health
Windham Center Psychiatric Care
1 Hospital Court
Bellows Falls, VT 05101

Workshops (Participants Select One)

Addiction and Co-Occurring Disorders: The Brain

1 ½ hours

The National Institute on Drug Abuse states “decades of research have revealed addiction to be a disease that alters the brain. We now know that while the initial decision to use drugs is voluntary, drug addiction is a disease of the brain that compels a person to become singularly obsessed with obtaining and abusing drugs despite their many adverse health and life consequences.” This workshop will specifically look at how

addiction changes the brain and relates to other disorders.

Learning Objectives

Upon completion participants will be able to:

- Identify what other disorders are often prevalent with substance abuse.
- Identify what questions we need to ask in order to help clients.

Debby Haskins, MS, LADC, CCS

Suicide Program Specialist

802-456-1479

debby@healthandlearning.org

Cultural considerations in substance abuse treatment

1 ½ hours / 1.5 APA CE Credits

Culturally responsive treatment is only possible when clinical decision-making incorporates culturally relevant information and approaches. The workshop will address counselor and client cultural factors that treatment providers should consider along the treatment process when engaging, assessing and treating culturally diverse clients.

Learning Objectives

Upon completion participants will:

- Understand the cultural factors that can influence the development and maintenance of substance abuse and treatment-seeking and adherence.
- Identify ways to integrate cultural factors into assessment and treatment planning.
- Identify ways to adapt treatment to meet the needs of culturally diverse clients and their families.

Margarita R. O'Neill-Arana, Ed.D.

Union Institute & University

28 Vernon St., Suite 210,

Brattleboro, VT 05301

Integrated Systems of Care / Opioid Treatment Issues

1 ½ hours / 1.5 APA CE Credits

This workshop will be an interactive conversation following the Keynote presentation expanding on the topics addressed.

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Medical Director for Behavioral Health

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Afternoon

Workshops (Participants Select One)

Cannabis in the Year 2016

1 hour

This workshop will orient participants to the complexities of a very emotionally charged topic. Cannabis is used by thousands of Vermonters according to the Rand Report, as it is estimated that 64,000 adults have used within the last 30 days; 22% of Vermont High School youth reported using monthly, second highest in the country following Colorado (2015 Youth Risk Behavior Survey). No wonder we are having this discussion. Is cannabis a mystic herb, a medicine, or a psychoactive drug, or perhaps all three?

This workshop will be based on the current science/data available but will also allow for time to explore one's own personal beliefs.

Learning Objectives

Upon completion participants will:

- Expand their understanding of the pharmacology of cannabis.
- Learn statistics on cannabis use in the nation and VT.
- Examining our personal attitudes and beliefs about cannabis.
- Understand cannabis use disorder: signs & symptoms.

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Key Concepts in Motivational Interviewing

1 hour / 1 APA CE Credits

This presentation will be an introduction to the central theoretical underpinnings and important techniques used in Motivational Interviewing (MI), as developed by Miller and Rollnick (2002). Research findings on the applications of MI will be presented, as well as an illustration of the dynamic nature of treatment, and how techniques are adapted based on client orientation toward change.

Learning Objectives

Upon completion participants will:

- Be able to name and describe the important theoretical influences on the development of MI, and how these contribute to its use with clients.
- Learn the key components of MI, and how assessment of clients' abilities to make change is ongoing, with techniques adapted to client readiness.
- Learn the various applications of MI to client health problems, and gain knowledge of research on its effectiveness.

Scott Allan Rice, Ph.D.
Union Institute & University
28 Vernon Street
Brattleboro, VT 05301

Zero Suicide

1 hour / 1 APA CE Credits

Zero Suicide is a commitment to suicide prevention in health and mental health care systems. It involves the implementation of a set of evidence-based tools and strategies used in a strong pathway of care for people who are suicidal. When implemented effectively, Zero Suicide reduces suicide deaths. This overview will provide an understanding of the principles and practices of Zero Suicide on a strategic and practical level. It is useful for practitioners as well as leadership interested in implementing systemic approaches to suicide prevention. The aim is to improve care and outcomes for individuals at risk of suicide in health care systems and to commit to the safety and support of clinical staff, who do the demanding work of treating and supporting suicidal patients.

Learning Objectives

Upon completion participants will:

1. Review data about suicide nationally and in Vermont.
2. Consider risk factors and warning signs for someone who is suicidal.
3. Identify the elements of the Zero Suicide approach.

JoEllen Tarallo-Falk, Ed.D., MCHES, FASHA, HC
Center for Health and Learning
28 Vernon Street
Brattleboro, VT 05301

Wrap-up and Taking it Forward

JoEllen Tarallo-Falk, Ed.D., MCHES, FASHA, HC

Registration Fee:

Students may participate fully at no charge

All others \$60

Enrollment will be limited to 80 participants

APA CE Credits: \$20

Please do not let financial hardship prevent you from attending, as scholarships are available to help supplement fees. Contact us for more information about fees, Continuing Education hours, refunds and/or other questions about this offering, please contact Union Institute & University at 802-254-0152, ext. 8401

Continuing Education hours for all workshops from the Vermont Alcohol and Drug Addiction Certification Board (VADACB) are pending approval.

This program is co-sponsored by the Center for Health and Learning, Grace Cottage Hospital, and Union Institute & University. Union Institute & University is approved by the American Psychological Association to sponsor continuing education for psychologists. Union Institute & University maintains responsibility for this program and its content.