

COTTAGE DOOR

Townshend, Vermont

Spring 2016



SHEILA B. FRIEDLI ENTRANCE

ERNIE FRIEDLI of Windham made a very generous donation for a new entrance at Grace Cottage in thanks for the wonderful care that his beloved wife, Sheila, received from all the staff and especially from Dr. Timothy Shafer, during her life. "Since the day that Sheila died at Grace Cottage in December, 2014, I have had the feeling that her spirit is still here, and only here," said Ernie. "We met when she was 11 and we were married for more than 62 years. She was my soulmate and I wanted to do something special to memorialize her. Sheila was such a warm and welcoming person that when I heard that the hospital needed a new entrance, it seemed to be a perfect fit."

When Ernie told his love story to John Brunelle of Brunelle & Son Construction, John decided to revise the design of the new entrance so that it would curve and be more feminine

(see photo at right); he donated the additional cost incurred.

"This entrance makes a big difference for patient care," said Roger Allbee, CEO. "Anyone coming to the hospital for an outpatient procedure, plus vendors and those visiting patients, no longer enters straight through the Emergency Department."



Sheila B. Friedli



(l. to r.) Andrea Seaton, Grace Cottage Foundation; Ernie Friedli; Stephan Morse, President of the Board; Board members Dr. Allan Shirks, John Nopper, and Walter Corcoran; and Roger Allbee, CEO, cut the ribbon for the new entrance.

CATHERINE N. STRATTON RECEPTION AREA

CATHERINE ("KAY") N. STRATTON'S family was so appreciative of the many decades of care given to her by Grace Cottage and Dr. Robert Backus that they wanted to link these names in perpetuity. The wife of MIT's 11th President (the late Julius Stratton), Kay's favorite place in the world was

her beloved farmhouse, Toby Hill, that the couple purchased in South Newfane, VT, in 1941. Summers spent there with friends and family, including her three daughters, granddaughter, and great-granddaughter, were filled

with gardening, preserving fruits and vegetables, and entertaining. When the summer of her 100th year came to a close and she knew she had to go back to the Boston area for the winter, her health suddenly declined and she died at Toby Hill instead, just after Labor Day weekend. "She taught us how to live and she taught us how to die," said her daughter, Cay Stratton, who is on the Grace Cottage Foundation Board.

"People have told us that they really appreciate the new reception area," said Roger Allbee, CEO. "It's spacious, comfortable, and affords a level of privacy that we could never offer when outpatients had to wait in the hospital hallway."



The Catherine N. Stratton Reception Area ribbon-cutting ceremony. Pictured above (l. to r.): Andrea Seaton, Grace Cottage Foundation; Kathleen Meeks; Roger Allbee, CEO; Helen & Butch Brown, Cay Stratton, Sherry Lawrence, and Cary Stratton Boyd.

A MESSAGE FROM THE CEO

TODAY is the day to begin to eat better, get regular exercise, quit smoking, and/or lose weight. Getting healthy and staying healthy is always the wisest course, for both quality of life and financial security. We all know that the rising cost of health care strains our budgets, as individuals, and as a nation.



Two themes are rising to the surface these days when one takes a broader view of the health of the population in a specific community: the importance of having a network of health care resources, and the vital importance of primary and preventive care. Numerous studies have proven that the cost of staying healthy is much less than that of treating a disease once it is chronic or has become a crisis; thus, preventive care is crucial.

Grace Cottage cares for our community in sickness and in health. We offer a wide range of preventive care and wellness services. Grace Cottage Family Health has 13 excellent medical providers, including several who specialize in caring for children, seniors, and those with mental health challenges. We are also offering integrative options including osteopathic medicine and, soon, acupuncture.

Our Community Health Team (CHT) offers free diabetes education, short-term mental health counseling, nutrition and exercise coaching, and assistance in applying for health insurance and social services. Thanks to a generous grant from the Fanny Holt Ames and Edna Louise Holt Fund, the services of the Grace Cottage CHT are expanding. You don't need insurance to take advantage of these valuable free services, nor do you need to be a Grace Cottage Family Health patient.

Stay tuned, because we have begun to investigate how we can make the facilities at Grace Cottage Family Health more efficient. We want to make the buildings more provider- and patient-friendly through much-needed renovations to infrastructure and HVAC (climate control) while maintaining the same footprint, character, and charm of the New England-style buildings. It's turning into a very exciting project, and we'll keep you posted!

Grace Cottage has been caring for this community for over 65 years, and we still do it the old-fashioned way, by building relationships, one provider and one patient at a time. We offer you excellent care and support. The first step is up to you.

Roger Allbee, CEO



The entire hospital building at Grace Cottage now has a new roof, thanks to a loan from the U.S. Department of Agriculture. With all new shingles, rehabilitated superstructure, and R90 insulation, the roof will be keeping patients warm and dry for decades to come and, according to Facilities Director Scott Hitchcock, "the energy savings will be astounding".

A grateful patient writes:

“Thank you for the incredibly compassionate and wonderful care you gave my mother during the last days of her wonderful life. Mom arrived by ambulance from a hospital in Connecticut to receive end-of-life care at Grace Cottage; she was given such excellent care and love, and passed with such dignity and peace a few days later. I have told so many people what an incredible experience this was, and how fortunate we were.”

Sandre Mitchell
CHESTER, VT

COMMUNITY HEALTH TEAM EXPANSION

Thanks to a generous grant from the Fanny Holt Ames and Edna Louise Holt Fund, Grace Cottage is doubling the size of the Community Health Team. An additional RN Outreach Coordinator and a Health Coach are already on board, the Behavioral Health Counselor's time is being increased, and a full-time Diabetes Educator will be hired.

“This is very exciting news for Grace Cottage and the community that we serve,” said Crystal Mansfield, director of the Community Health Team. “The services of the CHT are free of charge to anyone in the community, thanks to Vermont's Blueprint for Health and now The Holt Fund. The need is evident, as our staff has been fully booked. Now we'll be able to help more people achieve healthy lifestyles, and that's very exciting!”

The Community Health Team, located in the Grace Cottage Family Health clinic, works with individuals, one-on-one, to assess their health situations, develop plans together, and establish attainable goals; this service is especially helpful with managing a chronic health condition. To learn more, call 802-365-3715 or e-mail communityhealthteam@gracecottage.org.

WISHES GRANTED...

- ♥ Lisa's Love Charitable Fund made a donation for the purchase of a cart and items for inpatient activities – puzzles, books, personal care items, and more.
- ♥ Dr. Marvin & Connie Wool donated the funds to purchase a urinalysis machine for Grace Cottage Family Health, and a serving cart for the Dietary Department to provide food for family and friends visiting patients who are in palliative care.
- ♥ Ellie Tomlinson donated funds, in memory of Mollie & George Tomlinson, to purchase items such as coffee urns, serving bowls, and platters for the cart described above.
- ♥ Richard & Carol Steiner donated the funds for a variety of ER, hospital, inpatient pharmacy, and Grace Cottage Family Health Items.
- ♥ The David Greenewalt Charitable Trust awarded a grant for the purchase of a CO₂ Module for the Emergency Department.
- ♥ Jeremy & Janet Birch made a donation for the purchase of a seated massage table for Rehab patients.
- ♥ The Brattleboro Women's Golf Association made a donation for the palliative care suite.
- ♥ Margaret Bernache made a donation for a wide assortment of items for Rehab patients, including a heavy-duty walker and stool.
- ♥ Dr. Renee Bergner made a donation for the purchase of arm rests for wheelchairs used by patients recovering from strokes.
- ♥ An Anonymous donor made a gift for the purchase of a commercial vacuum cleaner for the House-keeping Department.
- ♥ Bock & Kim Eng Yeo donated the funds to purchase a heavy-duty cart for the Dietary Department.

WISHES MADE...

- ♥ The Rehab Department needs two ladders – one is a Shoulder Abduction ladder, to help patients work range-of-motion for their upper extremities. The cost is \$320. The other is an aluminum 6' stepladder to help with balance and stability exercises. \$60.
- ♥ Rehab patients would also benefit from a Figure 8 Skate & Board system to work on balance exercises. The cost is \$310. Also, a zero gravity mobile arm support. \$6,657.
- ♥ The Rehabilitation Department needs additional Hot Pack covers of various sizes. \$75.
- ♥ The Dietary Department is in need of a 7-quart mixer. \$606.
- ♥ The Emergency Department needs a variety of new cabinets. \$1,000 – \$5,000.
- ♥ The Housekeeping Department needs a small heavy-duty dryer for patients' personal items. \$600.
- ♥ Grace Cottage Family Health providers are in need of a video system to record educational sessions conducted on campus. \$890.

#GIVING TUESDAY

GIVING TUESDAY EXCEEDED GOAL

Thanks to many Grace Cottage supporters (including employees) who contributed to Grace Cottage's Giving Tuesday campaign on Tuesday, December 1st, we raised \$5,430, almost double our original goal. This generosity allowed us to purchase a new microscope for the lab and an additional Automatic External Defibrillator for Grace Cottage Family Health; the balance of the funds went to the Patient Care Fund. Thank you to all who support Grace Cottage in a wide variety of ways!

Grace Cottage Family Health now has an additional Automatic External Defibrillator (AED) poised to save patient lives, and the lab has a brand new microscope, thanks to Giving Tuesday supporters.



Grace Cottage's Wish List is updated monthly on our website, at www.gracecottage.org, or call 802-365-9109 for more information.

Grace Cottage

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Grace Cottage
185 Grafton Rd. (Route 35)
Townshend, VT 05353
(802) 365-7357
www.gracecottage.org
info@gracecottage.org

The mission of Grace Cottage is to provide excellence in health care and well-being, putting people first. The vision for the future is to be the standard for patient care.

SEVENTH ANNUAL TEE IT UP FOR HEALTH



120 golfers participated in the sixth annual Tee It Up for Health on a glorious day in June at the Hermitage Club last year.

GRACE COTTAGE's seventh annual *Tee It Up for Health*, sponsored by The Richards Group and The Hermitage Club at Haystack Mountain, will be held on Saturday, June 11, at The Hermitage Golf Club in Wilmington, VT. Tee off time will be 1 p.m. Registration, which includes greens fees, cart, lunch (at noon), dinner, logo-wear, golf balls, and contests, is \$150. All proceeds benefit Grace Cottage's Patient Care Fund. Go to www.gracecottage.org/events for more information and to register. Registration will close on Sunday, June 5, and will be limited to the first 128 golfers who sign up. If you don't have a team, we'll match you up! Last year's event raised almost \$25,000, and a wonderful time was had by all thanks to sponsors, golfers, club staff, and volunteers.



A grateful patient writes:

“Just a brief note of thanks to all the nursing and rehab staff at Grace Cottage. I was a rehab patient in September and the care I received was wonderful. The staff are so kind and caring. On the night of the lunar eclipse I wanted to watch – the staff put me in a wheel chair, with a blanket, and pushed me out to the back porch to watch the eclipse. How many hospitals would do that? My thanks also to the nutrition staff. I was well fed!”

Helen Eddy
STRATTON, VT

A grateful patient writes:

“Grace Cottage is a great comfort to me, where I know that I'm not just a number in the medical world; compassionate and knowledgeable people are always there to help.”

Joan Dunham
NEWFANE, VT

SPRING INTO HEALTH 5K

ARE YOU READY for Grace Cottage's seventh annual *Spring into Health 5K* on Saturday, May 7? You can walk, jog, run, or roll in a wheelchair or a stroller – it's a flat (by Vermont standards) and fun course! It begins on the Townshend Common at 8:30 a.m. and ends whenever the last person crosses the finish line. Registration is \$15 per person age 13 and over; free for those who are 12 years old and under. Online registration closes at midnight on Wednesday, May 4, after which the cost of registration increases to \$20. The first 100 participants to register will receive a free running shirt, designed by Leland & Gray student and contest-design winner Joel Emmons. The popular (and free) Fun Run for Kids will begin at 9:15 on the Common. Registration is open now at www.gracecottage.org/events. For questions, call 802-365-9109.

On the steps of the Townshend Gazebo, participants wait patiently for the start of the annual Fun Run for Kids.



BELOW:
“Ready, Set, Go” at last year's Spring into Health 5K.



66TH ANNUAL HOSPITAL FAIR DAY SATURDAY, AUGUST 6, 2016

IS HOSPITAL FAIR DAY on your 2016 calendar yet? 22 bargain booths that open at 9 a.m., an all-day auction, bingo, dunking booth, Birthday Parade with bagpipers, hole-in-one golf prize of \$1,000 provided by People's United Bank, raffles, entertainment for all ages, food of all types, free admission and free parking.

How can you and your family possibly forego this great event, whether you're a first-timer or someone who has never missed a Fair Day during the past 65 years? This year, we will have two band concerts after the New England Center for Circus Arts trapeze artists perform, and the Chicken Barbeque will start at 4 p.m. Come and help the Grace Cottage Hospital Auxiliary raise funds for our favorite community hospital!

Meanwhile, it's never too early to think about donations to Grace Cottage Hospital Fair Day – pick-ups and deliveries can always be scheduled, at your convenience, throughout February until

mid-July (things start to get hectic as it gets closer to Fair Day, so earlier is better!). Books, antiques, toys, household items, cars, boats, anything in good condition is welcomed (with the exception of mattresses, TVs, computers, and exercise equipment – they just don't sell). Call me at 365-9992 or email lauras9992@svcable.net.

Would you like to meet some great people, visit beautiful homes, and preview Fair Day items? If you have a pick-up truck or a van and some free time, we can use your help one hour a week or one hour a month, between now and Fair Day, to pick up Fair Day items at area homes. It's fun and a good way to stay active!

— *Laura Smith*
President, Grace Cottage Auxiliary
& Fair Day Chairperson



PRETTY IN PINK



Ten of the women who work at Grace Cottage Family Health gathered for a photo to observe Breast Cancer Awareness Month. Back row (l. to r.): Gail Coleman, Linda Smith, Diane Smith, Elaine Swift, Elizah Temple, Lisa Litchfield, Kristina Barker. Front (l. to r.): Dee Gibson, Meridyth Bills, and Devan Lucier.



SAVE THE DATE!

The 11th annual **Tour de Grace** 17.7-mile bicycle rally from Stratton to Grace Cottage will be held on Saturday, July 9. Registration is open now for this family-friendly, mostly-downhill (honest!) ride on a combination of dirt and paved roads; go to www.gracecottage.org/events to register and join the 100 +/- riders that participate (many year after year)!

WORTH A TRIP FROM ANYWHERE!

IN WHAT MAY BE a first-time occurrence, this past fall a taxi with a Connecticut license plate pulled up to Grace Cottage's Emergency Room.* The patient, who is from Brattleboro and was familiar with Grace Cottage, having stayed here before, explained that she'd discharged herself from a hospital in Hartford, CT. "It was a fine hospital, but it wasn't Grace Cottage," she explained.

*We're not endorsing a taxi rather than an ambulance for transport between hospitals, to be sure, but it does make for a unique story and, in this case, it worked out!





CREATE A LEGACY AT GRACE COTTAGE

WOULD YOU LIKE TO SUPPORT Grace Cottage and receive a secure source of fixed income? A charitable gift annuity guarantees you a fixed, attractive rate of return for life; a tax-deduction for your donation; income to you that is partially tax-free; and the personal satisfaction of supporting Grace Cottage (after your death, whatever assets remain in your annuity become available to Grace Cottage to use as needed).

Grace Cottage pays rates recommended by the American Council on Gift Annuities (www.acga-web.org). Sample fixed rates are: 9.0% if you are 90, 7.8% for age 85, 6.8% for age 80, 5.8% for age 75, and 5.1% for age 70. There is no fee for establishing an annuity, and the proceeds can go to you or anyone you designate. A dual-life annuity pays a lower rate, but is attractive to many couples because it continues to generate income even after the death of one spouse.

For a confidential conversation about charitable gift annuities, contact Andrea Seaton, Grace Cottage Foundation, aseaton@gracecottage.org or 802-365-9109.

GRACE COTTAGE HIRES MARKETING ADMINISTRATOR

JACKI BROWN joined Grace Cottage Hospital this past fall as Marketing Administrator. Jacki was formerly the Director of Education and Outreach at the Weston Playhouse Theatre Company, where she worked from 2012-2015, and prior to that she was Account Manager at a marketing company, Spring River Enterprises in Ludlow, VT and at Sloan Marketing in Rutland. Her first job after she graduated from Syracuse University's Newhouse School of Communications was at the Village Voice newspaper in New York City.

"Jacki has brought her extensive marketing experience and skills to Grace Cottage," said Andrea Seaton, Director of Grace Cottage Foundation. "We are so pleased that she has joined our team."

Jacki has two grown children, Ginger and Riley; she lives in Manchester Center. When asked what she is enjoying most about her new job, she said, "It feels really good to promote a place that is so dear and so important to its community. That, and the food is great!"

Grateful patients write:

"Grace Cottage is the very best because people are knowledgeable and caring. The compassion, the cleanliness, the attention to detail; and the patient is well cared for which puts the caregiver's heart at ease."

Jack & Nina Weinzierl
CHESTER, VT

"I am very pleased with my charitable gift annuities at Grace Cottage. I opened one in November, 1999, which pays me \$740 annually, and another in 2011, which pays \$890 each year. It's a very simple one-page contract to fill out, and my quarterly payment is deposited directly into my bank account for as long as I live.



Not only am I earning much higher interest than I would in a Certificate of Deposit these days, but I have the satisfaction of knowing that my investment helps this unique community hospital that provides such great care."

Dick Jackson
WEST TOWNSHEND, VT

THE GIFT OF GIVING

GRACE COTTAGE was the recipient of two generous bequests this past year, from Marie Waugh and Ellen Pond, both of Brattleboro. Bequests enable this unique, small rural hospital to continue to thrive. As the saying goes, bequests are "planting a tree in whose shade you will never sit, for the benefit of future generations." Estate gifts are simple – call Andrea at 802-365-9109 for a conversation about this. And thank you.

A grateful patient writes:

"There's something very special about Dr. Brickley. His manner is personable, calm, soothing, and gentle. I am a nurse, but there is always more to learn, and Dr. Brickley is very good at educating. I've been a Dr. Backus fan for more than 20 years and still am, but Dr. Brickley is amazing. His voice, mannerism, and tone are all 'spot on'! It's hard for me to believe that I can't wait to go back to see a doctor!"

Sherry Jacobs
TOWNSHEND, VT

Grateful family members write:

“ To the Staff:

Thank you for all of your support and amazing care you gave to our mother, and our friends and family. You all went above and beyond to make sure Dawn was as comfortable as possible, and us as well. We are blessed to have people like you in our community caring for our loved ones. You all helped us so much in such a difficult time.”

Stephanie McAllister & family
KEENE, NH

GIFTS WERE RECENTLY RECEIVED IN HONOR OF:

Andrea Anker ❖ Dr. Robert Backus
Beulah Daigle ❖ Ernie Friedli
Dr. Maurice Geurts
Grace Cottage Management Team
Grace Cottage Staff ❖ Hazel Hale
Inpatient Rehab Staff
Dr. Moss Linder ❖ Bea MacFarland
Neil & Carleen Pelsue
Earl Pinkham ❖ David Plants
Andrea Seaton ❖ Dr. Timothy Shafer
Marguerite Wyman



Grace Cottage Hospital & Grace Cottage Foundation are 501(c)3 nonprofit organizations. The mission of Grace Cottage Foundation is to raise funds on behalf of Grace Cottage.

Donations to Grace Cottage Foundation are tax deductible to the extent allowable by law. Grace Cottage Foundation's Federal Tax ID # is: 03-0343282.

Donations may be made by cash, credit card, check, stocks, bonds, or other tangible assets. Call 802-365-9109.

An audit of Grace Cottage Hospital & Grace Cottage Foundation is available upon request.

❖ MEMORIAL GIFTS ❖

Donations have been received between September 1, 2015, and December 31, 2015 in memory of the following individuals:

Jeanne Abare ❖ David Abolafia ❖ Harlan & Jessie Allbee ❖ Alwin Ameden
Kjell Anker ❖ Gene & Marie Avenia ❖ Donna Ayers ❖ Sylvia Ballantine
Russ Barber ❖ Mollie Beattie ❖ John Bell ❖ Harry Benson ❖ Priscilla Bergethon
Cecil & Lydia Bills ❖ Dennis Brannaker ❖ Arthur & Gladys Brooks
Mort Brooks ❖ John & Ruth Broutsas ❖ Elizabeth Brown ❖ Gladys Brown
Barbara Buswell ❖ Dennis Butchko ❖ Charlene Clayton Carey ❖ Dorothy Chabot
Effie Chamberlin ❖ Nancy Chard ❖ Raymond Clayton ❖ Bill Cobb
Bradley & Betty Cohn ❖ Chris Coleman ❖ Phil Coleman ❖ Janice Cominoli
Harry & Luella Conklin ❖ Margaret Connolly ❖ Neva Corse ❖ Wendell Covey
Shirley Creasy ❖ Robert & Muriel Crowell ❖ Eliza Crowninshield ❖ John Daigle
Cece Dauchy ❖ Frank Dearborn ❖ Melanie DeLonge ❖ Richard & Mary Dexter
Bonnie Dowley ❖ Ken & Stella Dowley ❖ Sue Driscoll ❖ Ted Dunham
John & Geraldine Easton ❖ Skip Eaton ❖ Herb Eisenberg ❖ Blanche Berry Ekstrom
Don Elliott ❖ Alice Chuck Eng ❖ Jim Faas ❖ Edith Field ❖ Jean Pratt Fisher
Scott Fitts ❖ John C. Follett ❖ John & Dorothy Fornuto ❖ Sheila Friedli
Bertha Frothingham ❖ Roland Gould ❖ Henry Grabowski ❖ Ellis Greenwood
Louis Gross ❖ Val & Betty Guimond ❖ Ed & Jo Gully ❖ Alexander Hadden
Jill Noss Hayes ❖ Jay Hesselgrave ❖ Florence Hicks ❖ Jack Hill
George & Thelma Holden ❖ George Holden, Jr. ❖ Bert & Louise Howard
Edward Hurley ❖ Silver Husky ❖ Paul Kaem ❖ Florence Karpin
Joe & Rose Keller ❖ Charlotte Kennedy ❖ Eda Kent ❖ Carlton Kenyon
Willie Kenyon ❖ Frankie Kershaw ❖ Melba King ❖ Dorothy Kingsley ❖ Don Kissel
Otto & Beatrice Taub Kleppner ❖ Joseph Kohout ❖ Gerda Krajewski
Alexander Kruedener-Struve ❖ Jack Lambert ❖ Richard & Barbara Lamprey
Richard Lang ❖ Richard Lapan ❖ Maurice Laselle ❖ Clark Lawrence ❖ Ernie Legge
Don Leigh ❖ Barbara Litchfield ❖ Howard Lott ❖ Eleanor Lowe ❖ Jeanne Marion
Joan Martin ❖ Larry Martin ❖ Joan McConnel ❖ Dawn McCormick
Frank & Betty Merrill ❖ Mary Meyer ❖ Elden Mills ❖ Arlo & Eleanor Monroe
Carolyn Moon ❖ Florence Moore ❖ Patricia Neill ❖ Connie Nelson
Larry Nemchek ❖ Thomas Nicholson ❖ Lisa Young Noble ❖ Mavis Oliver
Dr. Carlos & Ruth Otis ❖ Barbara Page ❖ Mary Paradis ❖ Hannelore Parks
Marion Parks ❖ Jeremy Paulus ❖ Charles "Red" Pearson ❖ Kim Perry
Mildred Daniels Petelle ❖ Iver & Esther Peterson ❖ Oliver Peterson ❖ Peter Petty
Irene Phelps ❖ Earl Pickering ❖ Peter Pill ❖ Ernest & Virginia Pomeroy
Roy Putnam ❖ Lois Penner Riley ❖ William & Florence Rounds
Robert Rowan, Jr. ❖ Henry "Hank" Sanders ❖ Sandy Saunders ❖ Evan Schilling
Anne Slater ❖ Barbara Slocum ❖ Mildred Smith ❖ Eric & Gertrude Spafford
Elizabeth Spencer ❖ Targ Spicer ❖ Dr. Houston Stevens ❖ Mary Ann Stewart
Della Stowell ❖ Janet Stowell ❖ Catherine N. Stratton ❖ Jakov & Iva Susic
Leona Tabell ❖ Donna Taft ❖ Lillian Thayer ❖ George & Molly Tomlinson
Irene Victoria ❖ Henry Wallstein ❖ Terry Ward ❖ Michalina "Miki" Wasung
Leonard & Bernice Welch ❖ Arthur Wellman ❖ Harold "Bud" Wenker
Celia West ❖ Mona West ❖ Linda Whidden ❖ Myrtle Wilson ❖ Jean Winston
Joyce Wright ❖ Richard Zahacewski

We extend our sympathy to the families and friends of these loved ones, and our appreciation to those who have given in their memories. When memorial gifts are received by Grace Cottage, the donor is thanked, and the next of kin is notified of the gift. (The amount given is never divulged.)

A grateful patient writes:

“Grace Cottage saved my life this fall. I hadn’t felt well for a while and I had chest pains as I was driving past Grace Cottage, so I stopped at the ER. The blood test showed that I was in the middle of a heart attack. I was wrapped up and put on a helicopter to Dartmouth Hitchcock Medical Center, where I was on the operating table having a stent put in within 70 minutes of the time I’d walked into the ER at Grace Cottage. I couldn’t have had better or faster treatment if this had happened when I lived in New York.”

Ron Lissak
BONDVILLE, VT

A grateful patient writes:

“I wanted to take this time to thank you for all the wonderful meals you have made for me while I stayed at Grace Cottage. I must say, my time has been too short. The staff is all wonderful and it’s people like you going out of your way doing the extra special things you do that make this place special.”

Cindy Marshall
BERNARDSTON, MA



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GRACE COTTAGE'S CABIN FEVER ONLINE AUCTION

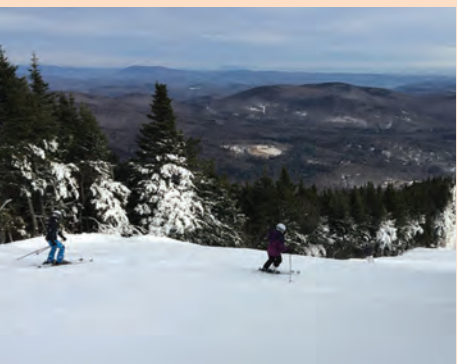
OVER 90 ITEMS AWAIT YOU at Grace Cottage's Cabin Fever Auction: www.32auctions.com/gracecottage. The last day to bid on these unique and exciting (and bargain?) items is Sunday, February 28, until 8 p.m. when the auction closes. Last year, the Cabin Fever Online Auction raised \$15,700 for Grace Cottage's Patient Care Fund, with over 100 bidders participating in the action. Will you be a bidder this year? You can register now and take advantage of the Buy Now option if you don't want to wait.

The auction winner of last year's Zulu Nyala African Safari went on the trip in August and said that it was practically perfect in every way (she's happy to talk to anyone who is interested), and we have that trip again this year, along with vacations in Panama, St. Lucia,

and Jamaica, and a week in a beautiful private home in Mexico. We have many pieces of art this year, lots of gift certificates to area restaurants and other businesses, several sports tickets, a Mount Snow 2016/2017 season ski pass, day passes to The Hermitage slopes or golf course, a gourmet dinner for 6, or mention in an Archer Mayer book. Play doubles tennis with Dr. Moss and Dr. Elizabeth Linder in Brattleboro; walk and have lunch with Dr. Tim Shafer in Williamsville; walk with Dr. Jesper Brickley in Dummerston; take a bike ride with Dr. Ewa Arnold in Brookline; or have a localvore dinner for 4 with CEO Roger Allbee at his home in Townshend. Who can top these experiences?!

Thank you in advance on behalf of all the patients who depend on Grace Cottage, in sickness and in health.

Call 802-365-9109 if you have questions about the Cabin Fever Online Auction.



Interested in a 2016/17 Season Ski Pass to Mount Snow, a Caribbean vacation, or a Friesians of Majesty performance? Check out www.32auctions.com/gracecottage for all 90+ items.